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THIS WEEK WE CELEBRATE

18th Sunday in Ordinary Time

August 1-2, 2026

Liturgical Readings

1) Isaiah 55:1-3 *I will make with you an everlasting covenant.*
2) Romans 8:35, 37-39 *Nothing can separate us from the love of God.*
3) Matthew 14:13-21 *The Lord opens His hands and feeds us.*

FOCUS: Nothing can separate us from God's love.

Daily life brings with it both blessings and trials. It is easy to think we walk alone when we are in the midst of especially difficult times. This is when it is important to remember that Jesus is with us always: *nothing will be able to separate us from [his] love*. Our challenge is to remain rooted in our faith and trust this promise.

LITURGY OF THE WORD

The prophet Isaiah invites us to partake of God's riches, promising an everlasting covenant. In the second reading, Paul declares the certainty of Christ's love and says nothing can separate us from the love of God. In Matthew's Gospel, Jesus uses five loaves and two fish to feed five thousand people, with baskets leftover.

VOCATION CORNER



"And all ate and were filled." Are you fulfilled? If God is calling you, to the priesthood, diaconate or consecrated life, contact:
Fr. John Ha, Director of Vocations / Email vocations@hamiltondiocese.com
Diocese of Hamilton at 905-528-7988 / Visit: hamiltondiocese.com/vocations/

STEWARDSHIP REPORT: July 25-26,2026

We are grateful to all who contribute their time, their talents, and their treasures to support our parish community and our mission. **Thank you!**

Regular Collection	Loose	Building Fund
$1,495.00	$275.00	$1,020.00

NOTE TO ST ANNE PARISH COMMUNITY

Father Luca will be away from the parish from Monday, August 3 until Sunday, August 23. Father Brian will be responsible for parish administration during this time. We wish Father Luca a safe and blessed journey as he travels to Italy to visit his family and assure him of our prayers during his time away.

For the month of August, we offer a condensed bulletin. Regular weekly bulletins will resume in September.

MASS INTENTIONS AND DIOCESAN PRAYER CALENDAR: AUGUST 3-9, 2026

	Mass Intentions	Liturgical calendar	Diocese of Hamilton Prayer Calendar
Monday, August 3 8:00 am	**Int of** Lisa Reitzel ✝ Floyd Kerr	Jeremiah 28:1-17 Matthew 14:22-36	Rev. Vernon Boyd, S.J.
Tuesday, August 4 8:00 am	**Int of** Zeke Schmalz ✝ Father Ted Hughes	**Memorial of St John Mary Vianney** Jeremiah 30:1-2, 12-15, 18-22 Matthew 15:1-2, 10-14	Rev. Robert Wong, S.J.
Wednesday, August 5 8:00 am	**Int of** those living with cancer ✝ Erika Kompter ✝ Tony Umbrio	**Blessed Frédéric Janssoone, and The Dedication of the Basilica of St Mary Major** Jeremiah 31:1-7 Matthew 15:21-28	Sisters of Immaculate Heart of Mary Mother of Christ, I.H.M.M.C.
Thursday, August 6 8:00 am	✝ Joe Walter ✝ Nancy Ehiorobo ✝ Angelina De Sousa	**Feast of the Transfiguration of the Lord** Daniel 7:9-10, 13-14 2 Peter 1:16-19 Matthew 17:1-9	**The Transfiguration of the Lord**
Friday, August 7 8:00 am	✝ Manuel and Maria Branco ✝ Paulino Matias	**St Sixtus II and Companions, and St Cajetan** Nahum 1:15c, 2:2, 3:1-3, 6-7 Matthew 16:24-28	Rev. Mario Fernando Cabal Muriel, S.J.
Saturday, August 8 4:00 pm	**Int of** the Bowman family **Int of** Mary DeGroot ✝ Jose De Sousa ✝ Marg and Art Stockie	**Saturday: Memorial of St Dominic** 1 Kings 19:9, 11-13 Romans 9:1-5 Matthew 14:22-33	Our Parish Community
Sunday, August 9 9:30 am	Intention of All Parishioners		**19th Sunday Ordinary Time**

PRO-LIFE PRAYER VIGIL

This past month, we had 6 faithful people come out to pray and be a voice and a witness for the unborn and also to pray for their mothers. We thank all who came out and those praying at home who could not attend. The next pro-life prayer vigil will be on **Thursday, August 6** from 10:00 - 11:00 am, opposite Freeport Hospital (3570 King St. E., Kitchener). All are welcome to pray quietly for those who have no voice. Parking is across the road at Schneider Park. Please contact Cathy at cmlamers@rogers.com for queries. The next prayer vigil will be September 3.

BLESSED SACRAMENT: THE HEART OF PRAYER

Do you desire a deeper prayer life? Have you ever wondered how God speaks to us in prayer? Join us for The Heart of Prayer, an 8-part series exploring the ancient Christian tradition of interior prayer. You will discover how prayer becomes more than words—a living relationship with God who dwells within us. "According to Scripture, it is the heart that prays." (CCC 2562) Through reflection, discussion, and prayer, we will learn to listen with the heart and become more aware of God's presence in our daily lives. **Tuesdays, September 15 – November 3**, 7:30–9:00 pm (following the 7:00 pm Mass) at Blessed Sacrament Parish, Kitchener. All are welcome. Advance registration is encouraged so that study materials can be prepared. For information or to register: bonniegschroth@gmail.com